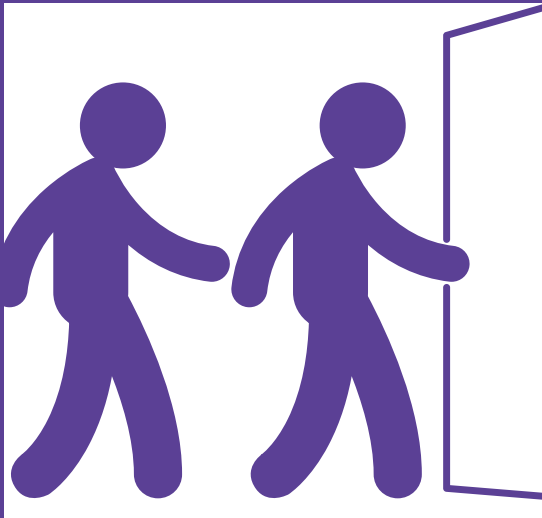


# If you think someone has been exposed to a **HAZARDOUS SUBSTANCE**

Use caution and keep a safe distance to avoid exposure yourself.

## TELL THOSE AFFECTED TO:



### REMOVE THEMSELVES...

...from the immediate area to avoid further exposure to the substance. Fresh air is important.

**If the skin is itchy or painful, find a water source.**



### REMOVE OUTER CLOTHING...

...if affected by the substance.

Try to avoid pulling clothing over the head if possible.

Do not smoke, eat or drink.

**Do not pull off clothing stuck to skin.**



### REMOVE THE SUBSTANCE...

...from skin using a dry absorbent material to either soak it up or brush it off.

**RINSE continually with water if the skin is itchy or painful.**

## REPORT... Call 999.

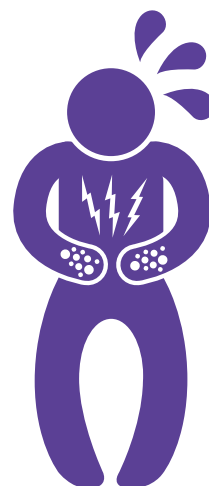
## REMEMBER: Exposure is not always obvious. **SIGNS CAN INCLUDE:**



The presence of hazardous or unusual materials.



A change in environment, such as unexplained vapour, odd smells or tastes.



Unexplained signs of skin, eye or airway irritation, nausea, vomiting, twitching, sweating, disorientation, breathing difficulties.

## ACT QUICKLY. These actions can **SAVE LIVES.**



National Ambulance  
Resilience Unit  
**NARU**



**NFCC**  
National Fire  
Chiefs Council



Public Health  
England